



Mental Health Support for LA County

Get online mental health support 24/7 with on-demand coaching, lessons and more brought to you by the Los Angeles County Department of Mental Health.

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Join a Support Group

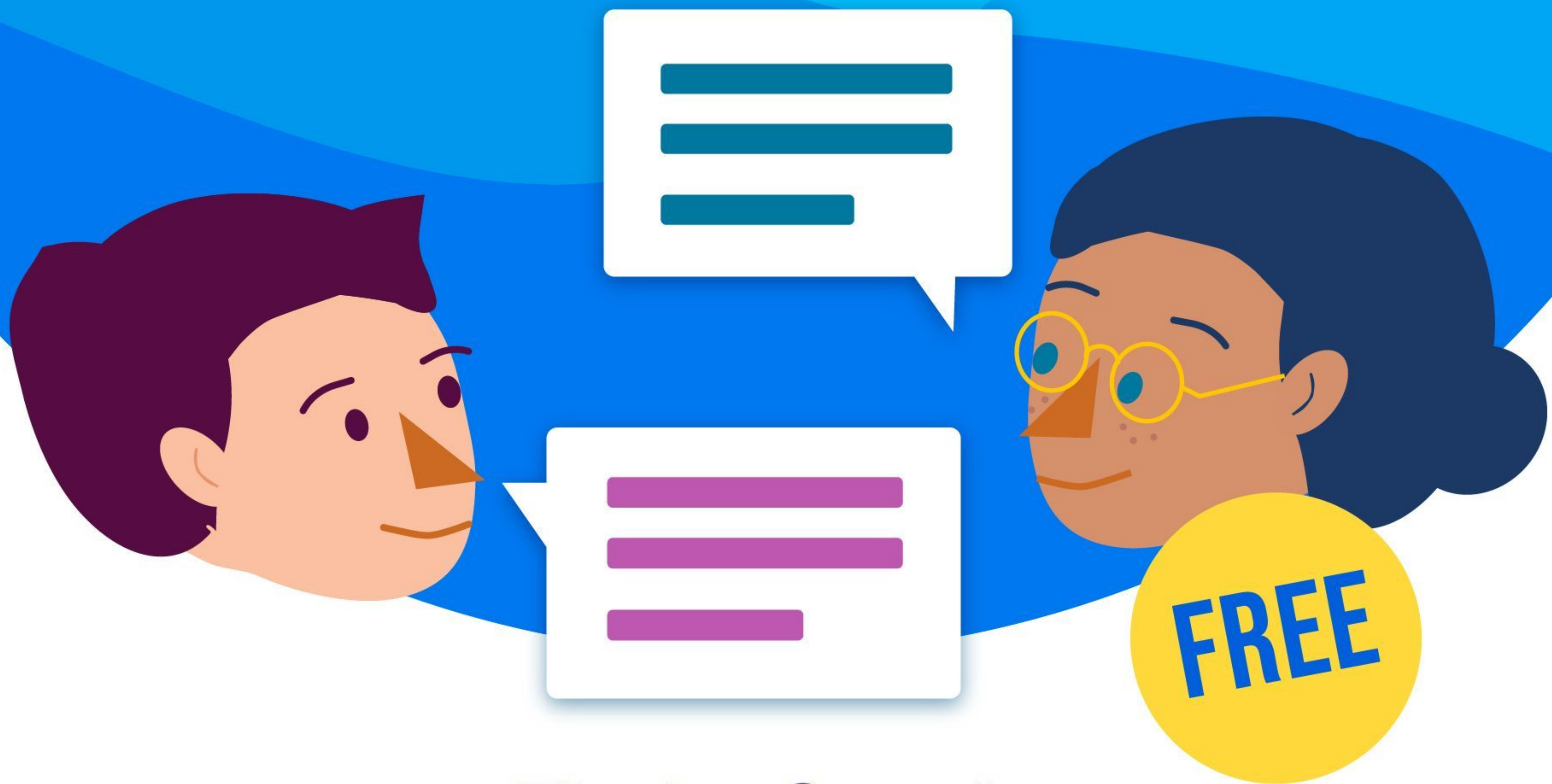
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Find a Coach

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